

## Dental History

Why are you seeking dental treatment at this time? \_\_\_\_\_

- Are you having any discomfort at this time?.....Yes No
- Have you ever had serious trouble with previous dental treatment?.....Yes No  
If so, explain \_\_\_\_\_
- Does dental treatment make you nervous? No \_\_\_\_\_ Slightly \_\_\_\_\_ Moderately \_\_\_\_\_ Extremely \_\_\_\_\_
- Have you used nitrous oxide (laughing gas) at the dentist before?.....Yes No  
If so, did it help to reduce your anxiety? \_\_\_\_\_
- Date of last dental visit \_\_\_\_\_
- Have you ever been treated for periodontal disease (gum disease, pyorrhea)?.....Yes No
- Have you ever had orthodontics (braces)?.....Yes No
- How often do you brush? \_\_\_\_\_ Your toothbrush is: SOFT MEDIUM HARD

Do you have, or ever had any of the following? (Circle each that apply to you)

### MOUTH

Bleeding, sore gums  
Unpleasant taste/bad breath  
Burning tongue/lips  
Frequent blisters, lips/mouth  
Swelling or lumps in mouth  
Braces  
Biting cheeks/lips  
Clicking/popping  
Difficulty opening or closing jaw

### TEETH

Loose teeth  
Sensitive to cold  
Sensitive to hot  
Sensitive to sweets  
Sensitive to biting  
Food impactions  
Clenching/grinding  
Changing bite

### OSA SCREENING

YES NO I feel sleepy during the day, even when I get a good night's sleep  
YES NO I get very irritable when I can't sleep  
YES NO I often wake up at night and have trouble falling back to sleep  
YES NO It usually takes me a long time to fall asleep  
YES NO I usually feel achy and stiff when I wake up in the morning  
YES NO I often seem to wake up gasping for breath  
YES NO My bed partner says my snoring keeps him/her from sleeping  
YES NO I have fallen asleep while driving

- Have you ever experienced pain or soreness in the muscles of your face or around your ear?  
YES NO
  - Do you have frequent headaches, neck aches, or shoulder aches?  
YES NO
  - Are you unhappy with the appearance of your teeth?  
YES NO If yes, please explain \_\_\_\_\_
  - How do you feel in general? \_\_\_\_\_
  - Is there anything we can do to make your visits more comfortable? \_\_\_\_\_
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Thank you for your cooperation in providing this information.

**I CERTIFY THE ABOVE INFORMATION TO BE TRUE AND ACCURATE TO THE BEST OF MY KNOWLEDGE. IF I EVER HAVE ANY CHANGE IN MY HEALTH OR CHANGE IN MY MEDICATION, I WILL INFORM THE DENTIST AT THE NEXT APPOINTMENT.**

**PATIENT SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_